

# A-Z of volunteering

**A** Allotment Volunteers



**Q** Quality and Feedback Admin Volunteers

**B** Bereavement Support Volunteers

**C** Coffee Shop Volunteers

**R** Reception Volunteers

**S** Shop Volunteers



**D** Drivers



**E** Events Assistants

**F** Flower Volunteers

**T** Therapy Volunteers

**U** Unique Volunteers

**V** Videography Volunteers



**G** Gardeners



**W** Ward Support Volunteers



**H** Hospice Stories Volunteers

**I** Introduction to Volunteering

**X** Xmas Volunteering



**Y** Young Volunteers

**J** Joyful Volunteers



**K** Kind Volunteers

Volunteering with us can be life changing.

**Z** Volunteer Zone

**L** Library Volunteers



**M** Man Shed Volunteers



**N** Compassionate Neighbours

**O** Office Volunteers



**P** PAT Dogs



Whether you can offer a few hours, a regular half day or would be interested in supporting a short term project, there are many ways for you to give your time, skills and energy.

Visit [www.pah.org.uk/volunteer](http://www.pah.org.uk/volunteer) for more about volunteering and the roles on offer.