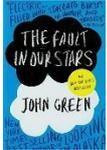
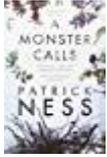


5 novels

	<p><u>Our family and IT</u> By Rachel Fearnley This book focuses on the family unit and highlights how a parent's illness affects all involved, not just the patient.</p>
	<p><u>Still Alice</u> By Lisa Genova A moving story of a woman with early-onset Alzheimer's disease.</p>
	<p><u>The fault in our stars</u> By John Green This is the story of a love affair between two teenagers with life-threatening illness – touching, funny and somehow life-affirming.</p>
	<p><u>The last days of Rabbit Hayes</u> By Anna McPartlin A story about finding the joy in every moment, even when you are dying.</p>
	<p><u>A monster calls</u> By Patrick Ness The bestselling novel about love, loss and hope; Conor wakes from a dream to find a visitor at his window that wants what Conor fights to keep hidden – the truth. A story about courage and surviving.</p>

5 books for young children

	<p><u>Missing Mummy</u> By Rebecca Cobb This is a beautifully illustrated book, written with warmth; a touching, honest and helpful book about losing a parent.</p>
	<p><u>No matter what</u> By Debi Gliori A book aimed at young children but could appeal to any age. A story about the enduring nature of love and about setting big worries to rest.</p>
	<p><u>When dinosaurs die: A guide to understanding death</u> By Laurie Krasny Brown An excellent resource for children and their families. The story captures children's fears and curiosity about death.</p>



[Badger's parting gifts](#)

By Susan Varley

A story about preparing friends and family for loss. Also about enduring love and remembrance. This uplifting book will be of tremendous value to both children and their parents.

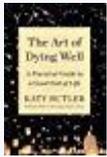


[Michael Rosen's sad book](#)

By Michael Rosen

A book for children of all ages, good for older children and even relevant for us grown-ups. The story illustrates the range of emotions when someone you love dies. A powerful illustration of grief.

5 non-fiction books



[The Art of dying well: A practical guide to a good end of life](#)

By Katy Butler

Simple and practical, honest and compelling advice for how to navigate your later years. Katy Butler is American but her philosophy is universal.



[On living: Dancing more, working less and other last thoughts](#)

By Kerry Egan

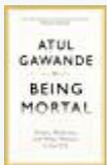
A hospice chaplain reflects on stories of hope and regret, shame and pride, mystery and revelation and secret's held too long. A self-deprecating and often funny lesson in how to live (whether you are ill or healthy).



[Making peace with the end of life: A clear and comforting guide to help you live well to the last](#)

By Dr Patrick Fitzgerald and Sarah Rayner

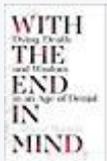
A practical and clear guide to help you navigate the healthcare system. Good for those diagnosed with a life threatening illness, but also helpful for carers and professionals.



[Being Mortal: Illness, medicine and what matters in the end](#)

By Atul Gawande

An empowering and positive book about what matters most and living well "all the way to the very end".



[With the end in mind: dying, death and wisdom in an age of denial](#)

By Kathryn Mannix

A sensible and moving account from palliative medicine pioneer Dr Kathryn Mannix. The book explores the biggest taboo in our society and the only certainty we all share: death.

5 TED talks

[Dr. Leslie Blackhall: Living, Dying and the Problem with Hope](#)

Dr. Leslie Blackhall, head of Palliative Care at the University of Virginia, believes that accepting dying as a part of life allows us to achieve a fuller and richer life with the days that we live.

[Ken Hillman: We're Doing Dying All Wrong](#)

As a world leader in managing the care of very sick people, Ken Hillman's breakthrough methods of treating critically ill patients have become the gold standard in Australia, the U.S. and Europe. His job is about keeping people alive, but he asks us to question whether that's always a good thing.

[Judy MacDonald Johnston: Prepare for a good end of life](#)

Thinking about death is frightening, but planning ahead is practical and leaves more room for peace of mind in our final days. In a solemn, thoughtful talk, Judy MacDonald Johnston shares five practices for planning for a good end of life.

[Rochelle Martin: Let's Talk About Death](#)

There is a 'Momentum' going on with all of us, with every breath, we are moving closer to our end.

[Mark Taubert: TED Talk: Why Language Matters When You Know You're Dying](#)

Four topics about the end of life with Mark Taubert, a hospice doctor.

5 podcasts

[BBC: You, me and the big C: Putting the can in cancer](#)

"The coolest club you never want to be a part of..."

A candid look at cancer, with Rachael Bland, Deborah James and Lauren Mahon.

[BBC: We need to talk about death](#)

Joan Bakewell and her panel discuss death and dying, exploring the choices open to us and confronting the questions we fear the most.

[St Mary's University: The art of dying well](#)

These monthly programmes aim to make death and dying something you can talk about openly without discomfort or fear. A guest is interviewed each month on a key topic.

[Dying Matters Podcast](#)

Relevant to people that are bereaved, have a family member who's approaching the end of life, want to support a friend, or just want to know how to start the conversation around death and dying.

[Sickboy](#)

Jeremie, Brian, and Taylor have an unapologetic, unpolished and unfiltered discussion about what it's like to live life with a life-threatening disease.

5 short films

[How easy do people find it to talk about dying?](#) (Dying Matters)

Dying Matters took to the streets to discover just how comfortable members of the public are with discussing dying and death, and whether they want a national conversation about death and dying.

[Let's talk about death and dying](#) (Age UK)

It's difficult to talk about death and dying but we need to talk to make informed choices.

[Kathryn Mannix : What is death like?](#) (The Art of Dying Well)

Dr Kathryn Mannix, palliative care consultant and author of 'With The End in Mind' talks to journalist Nicola Meyrick about what death is like.

[I Didn't Want That](#) (Dying Matters)

A carefully crafted short film which highlights the importance of making your end of life wishes clear: from deciding whether you wish to be resuscitated to planning your funeral.

[How to Live and Die Well](#) (University of Edinburgh)

This short video is for everyone. It's for people who are well just now, but may get a serious illness or life-threatening condition in the future. For people who are currently living with progressive illness and for family members and carers of those who are ill or may become ill.