Motor Neurone Disease Study Day

Princess Alice Hospice

Date: Thursday 5th` November 2026
Time: Morning 9am –1pm and / or Afternoon 1.30pm – 4:30pm
Venue: Princess Alice Hospice, West End Lane, Esher, KT10 8NA

To book / more information: www.pah.org.uk/book or education@pah.org.uk

09.00	**Registration and coffee**	
09.15	**Welcome** • Housekeeping • Programme for the day • Introductions	**Carole Cousins** Practice Educator Princess Alice Hospice
09.30	**An overview of Motor Neurone Disease** • Typical early symptoms and diagnosis • ALS and variants of MND • Disease progression • Care and support at end of life	**Dr. Emily Sills** Consultant in Palliative Medicine & Medical Director Princess Alice Hospice
10.15	**Supporting eating, drinking and nutrition in MND** • Managing difficulties around eating and drinking • Planning and decision-making around eating and drinking and nutrition • Capacity and ethical considerations	**Gemma Pengelly-Marshall** Senior Dietician Princess Alice Hospice **Juliet Lawson** Senior Speech and Language Therapist Princess Alice Hospice
11.15	**Refreshments**	
11.30	**Supporting communication in MND** • Addressing fears around communication • Planning and decision making around communication • Low-tech and high-tech aids to help with communication	**Juliet Lawson** Senior Speech and Language Therapist Princess Alice Hospice **Ereshini Bhoola** Clinical Specialist Occupational Therapist Compass Assistive and Rehabilitation Technology Service Royal Hospital for Neurodisability Putney
12.45	**Roundtable Q&A** • Opportunity to ask questions	**Juliet Lawson** Senior Speech and Language Therapist Princess Alice Hospice **Ereshini Bhoola** Clinical Specialist Occupational Therapist Compass Assistive and Rehabilitation Technology Service Royal Hospital for Neurodisability Putney
13.00	**Lunch**	
13.30	**Living with MND** • Changing the conversation- advances in research • The impact of MND on individuals and their families	**Sarah Smith** Community Support Coordinator Motor Neurone Disease Association **David and Helen Setters** Experts by experience
14.30	**Respiratory care for patients with MND** • How MND affects respiratory function • Managing respiratory symptoms towards end of life • NIV and cough assist	**Liza Robinson** Princess Alice Hospice Therapies Team
15.15	**Refreshments**	
15.30	**Withdrawal of assisted ventilation at the request of a patient with MND** • Guidance from Association for Palliative Medicine • A case study	**Dr. Emily Sills** Consultant in Palliative Medicine & Medical Director Princess Alice Hospice
16.15	**Final comments** **Resources** **Evaluations**	**Carole Cousins** Practice Educator Princess Alice Hospice