



Bereavement Support Volunteer

Making a difference one day at a time

OUR CHALLENGE

In the challenging times that follow the death of a patient, we support families, friends and relatives as they cope with their loss. Providing volunteers who will spend time with those who are grieving is an invaluable service that we feel privileged to offer to our community.

This support is given in many ways, via face to face meetings (usually in the hospice or occasionally home visits) or by telephone or video call (e.g. Zoom).

HOW YOU CAN HELP

Your role as a Bereavement Support Volunteer will involve regular one to one support sessions with individual clients. You in turn will be supported in your role by a Supervisor.

To equip you for the role, and before meeting any clients, you will need to successfully complete our 12-week, in-house training programme based at the Hospice (beginning 16 September and every Monday thereafter).

The Hospice team will then refer clients to you for one to one bereavement support. You will keep an online record of client sessions and write a closing summary for each client (subject to their consent and data protection regulations) to use in discussions with your Supervisor.

IMPACT YOU WILL MAKE

Getting the right support at the right time can make the world of difference as people try to navigate their way through their grief.

With the support of the Hospice Bereavement Team, you can make a hugely positive impact on people's journey through the hardest of times.



Princess Alice
Hospice

Princess Alice Hospice
is a centre of
excellence.

We **believe** that end of life care is about helping people **live every moment to the full**, in comfort and dignity. It's about creating a space, whether in our Hospice or at home, where **families** can enjoy **special** moments and make precious **memories**.

Every day we're improving our services. And we've made it our **mission** to reach even **more people** with the **expert** end of life **care** everyone deserves.



I am so pleased I took the plunge into Volunteering for Princess Alice Hospice! I feel I have regained a sense of purpose and self-worth that had been missing since I stopped working. I love feeling that I am a valued member of a team and that I am doing something worthwhile and making a difference.

Emma, Bereavement Volunteer



DO YOU HAVE THE TIME?

This is a flexible commitment of approx 3 hours per week, supporting up to a maximum of 3 clients at any one time. Meetings last for 50 minutes and you would meet a client for a maximum of 12 sessions.

You will be required to attend a monthly Group Supervision Session (2 hours various days/times available) and a bi-monthly Bereavement Support Volunteer Meeting (1.5 hours)

YOU WILL...

- Have a genuine interest in other people
- Have great listening skills and an ability to respond sensitively and compassionately to people who may be distressed
- Have a non-judgmental attitude
- Be dependable and able to commit to a number of hours each week
- Enjoy working as part of a team and become a member of our wider volunteer community
- Have experienced no recent bereavements (i.e. in the past 2 years)
- Appreciate the importance of self-care and be willing to seek and receive guidance

WE WILL...

- Provide a 12-week training programme to help develop your listening skills
- Ensure you receive ongoing support, via regular Group Supervision and volunteer meetings
- Provide assistance in the completion of recommended online learning
- Send you our monthly volunteer e-newsletter with all the latest updates, information and invites to our social events and forums
- Reimburse you for pre-agreed travel expenses
- Provide free access to the PAH education programme

Our values inspire us and ensure that our care is nothing short of outstanding every time, for every patient and family. Do you share them? If the answer is 'yes', you could be one of those special people we're looking for to join our team!

I - Integrity

C - Compassion

A - Accountability

R - Respect

E - Excellence

If you are interested in becoming a **Bereavement Support Volunteer**, we'd love to hear from you!

Start your volunteering journey here:



If you have any questions, please contact the Volunteering Team: volunteering@pah.org.uk
Phone: 01372 461 856

@PAHospice

