



Princess Alice  
Hospice

## The Dovetail Group

### Helping your family cope with bereavement

Join us for enjoyable creative activities for children as well as a chance to talk together and share experiences.

The evening consists of three separate groups:

- Children- aged four years and over
- Young people- aged 11 plus
- Parents/ guardians

We meet every second Tuesday of the month from 4.30pm-6pm.

For further information please contact [socialwork@pah.org.uk](mailto:socialwork@pah.org.uk)

Under 16s need to be accompanied by a responsible adult.

#### Contact us

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Join us at pahospice



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**The Dovetail Group is run for families to support them following the death of a family member.**

### **What is the group?**

The group offers the opportunity for families to take part in activities and give and receive support to and from others following the death of a family member. During the session, the group divides up into three separate groups.

**Children's group** - This is for children aged four to 11. Children have the opportunity to take part in a creative activity to remember the person who has died based on a story which is shared with the group. A small tea is provided for the children during the session.

**Young people's group** - This is for young people aged 11-18. Young people have the opportunity to talk to their peers about the death of a family member and also take part in a creative activity.

**Adult group** - This is for the parent or adult who brings the child/young person to the group. The group discussion is led by the family members and facilitated by a member of the Patient and Family Support Team. The aim is to explore coping strategies and feelings following the death of a family member.

### **Who can attend?**

The group is open to families who have children under 18 years of age, following the death of a close family member who has been a patient of Princess Alice Hospice.

There is no referral process for the group so you can attend as many or as few times as you wish.

### **What else do I need to know?**

Under 16s must be accompanied by a responsible adult. The adult must remain in the hospice building during the group, but can choose not to take part.