



British 10k 2009

*Please complete and return to Lisa Flanagan at
The Princess Alice Hospice, West End Lane, Esher, Surrey, KT10 8NA*

Name:
Address:
Date of birth:
Home telephone no:
Mobile telephone no:
E-mail:
Place of work:
Have you participated in any other sporting events (please give examples)?
What will be your personal sponsorship target?
Please can you list some examples of how you intend to raise this money?
How did you hear about The Princess Alice Hospice?
Why have you chosen to support The Princess Alice Hospice?

I confirm that I would like to be considered for a Charity Bond Place in the British 10k 2009. I accept that if I am allocated a Charity Bond Place, I commit to raising a **minimum of £200 sponsorship** for the Princess Alice Hospice.

Signed:

Print name:.....**Date:**